



Archbishop Williams High School 2021-22 Athletic Information for incoming Students

Fall Sports:

Registration for our fall sports began on May 1st. AWHs uses Family ID to register for sports (www.familyid.com). All information on registration will be available on our website www.gobishops.com. Please have a copy of your physical to the school nurse. All of our Students from 7-12th grade are eligible to try out for our sports teams.

Cheerleading will hold its first set of tryouts on June 8th and 9th 6-9 PM here at AWHs in the gym. (info posted on our website www.gobishops.com). The second set of tryouts will start on 23 August.

All new students will need ImPACT testing (concussion) prior to tryouts in August. Please email sadukonis@awhs.org with questions on times etc.

Winter sports registration opens November 1st and Spring sports registration opens on February 1st.

Here is a list of our fall coaches and key people:

Program	Coach	Contact info	Start Date/Location
Cheer	Coach Grasso	awhscheer@gmail.com	8th and 9th of June - AWHs
Football	Coach Reggiannini	mreggiannini@yahoo.com	20 August- Memorial
Boys Soccer	Coach Mitchell	bmitchellsc15@yahoo.com	23 August - Memorial
Girls Soccer	Coach McClay	gmcclay@awhs.org	23 August - Memorial
Volleyball	Coach Leong	coachbleong@gmail.com	23 August - AWHs
Cross Country	Coach Van Dorpe	bvandorpe@awhs.org	23 August - AWHs
Golf	Coach Kiley	pamk@beld.net	Times TBD
Admin	Name	Contact Info	Phone
Athletic Trainer	Ms. Stephanie Adukonis	sadukonis@awhs.org	781-843-1237
Athletic Director	Mr. Gordie McClay	gmcclay@awhs.org	781-843-1237
Assistant Athletic Director	Mr. Sean McDonagh	smcdonagh@awhs.org	781-843-1237
Nurse	Nurse Galvin	cgalvin@awhs.org	781-843-3636 Fax: 781-884-9431

Summer Strength and Conditioning Program

We also offer a Summer Strength and Conditioning Program, which is free for our registered and enrolled students. You must register on Family ID for Summer Conditioning.

Our Strength and Conditioning, lead by Coach Brian Holden, will start on June 14th. The program runs at AWHs (in the Dig) Monday - Thursday. This year we will run two sessions 7:45 AM - 9 AM and 8:45-10 AM through the 13th of August. You will need to register on Family ID and have your physical on file with Nurse Galvin (cgalvin@awhs.org) in order to participate. This year we will ask each student-athlete to preregister for the days they would like to participate. Once you have registered on Family ID more information will be forthcoming.

Some key dates for the Fall:

- June 8 & 9: AWHs Cheer Tryouts
- June 14 through August 13th (Monday-Thursday): Summer Conditioning (held at the school in the Dig this year)
- August (Info emailed to Family ID email) - ImPACT testing (concussion) email sadukonis@awhs.org with questions
- August 20: Football Starts
- August 23: Fall Sports Tryouts (goes on for a minimum of 3 days) practices start immediately.
- September 5: First-day games can begin for the MIAA

The best source for information is our Athletic Website gobishops.com. You can also follow us on our Twitter and Instagram accounts @GoAWathletics for our current sporting events and activities.

If you have any questions feel free to contact me.

Yours in Athletics,

Mr. Gordie McClay, CAA
Athletic Director
Twitter and Instagram - @goAWathletics
www.gobishops.com

Archbishop Williams H.S.
80 Independence Ave
Braintree, MA 02184
781-843-1237